

Junior Vikings Athletics Update



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Wisconsin Lutheran High School Junior Viking Program

Mr. Blair Schaper -Junior Vikings Athletic Program Coordinator

The *Junior Vikings Athletics Update* is designed to share recent and upcoming Junior Viking Program activities, news, highlights, and scores.

To God be the Glory!



2018-2019 Wisconsin Lutheran Junior Vikings Volleyball:

Over the course of the many weekend tournaments, the Jr. Vikings Volleyball Teams have found success - the latest coming at the Badger Regionals. Many thanks go to the Jr. Viking Coaching Staff, Director Alayna Olson, and Marcie Kren for the years of service with the Jr. Vikings Practices and Schedules.

Please visit:

<http://jvvc.org/>

Or [https://www.facebook](https://www.facebook.com/jvvc)

For information on becoming involved with Junior Vikings Volleyball and Tryouts!



**Wisconsin
Lutheran
Jr. Vikings
Baseball** Looks
Forward to another
great season!



**The 2017-2018 Jr.
Vikings Baseball**

Teams had successful seasons while learning fundamentals and having fun and Christian fellowship. Jr. Viking Baseball Coordinator Brad Wetzel works to prepare and grow the Jr. Vikings program.

According to Coach Wetzel, "The Jr. Vikings Baseball organization was founded in 2015 to aid young baseball players in developing their age appropriate physical, emotional, and intellectual athletic abilities in a Christian environment".

To be involved with Junior Vikings Baseball: Tryouts for the 2019 spring/summer season will take place on Sunday, July 29, 2018. Please check the Jr. Vikings website (<http://wlhs.org/jrvikings>) for additional details and/or follow our Facebook page (@jrvikingsbaseball).

Jr. Vikings Baseball Coordinator - Brad Wetzel - brad.wetzel@wlhs.org



Junior Vikings Football Continues to Build on
Fundamentals of Success while Emphasizing
Foundations of Faith



The 2017-2018 Jr. Vikings Football Teams learned fundamentals and grew in Christian teamwork. Participants involved in Junior Viking tackle football numbered a total of 73 students last season. The goal of our flag football program is to teach the fundamentals of football to students in grades 2-4. It also gives our high school players an opportunity to interact with these young players which has been a great experience for both the grade school players as well as the high school players. This past fall we had 68 flag football participants

According to Wisconsin Lutheran High School Head Football Coach Joel Radue, "The emphasis of our program is to give LES students in grades 5-8 an opportunity to play competitive tackle football in a Christian setting. Our program also gives an opportunity to meet students from other LES grade schools and build a relationship with them before they come to WISCO".

**For ALL Junior Vikings Program Information - Please Visit the Junior Viking's Webpage:
<https://www.wlhs.org/page/athletics/jr-vikings-athletic-program>**



Junior Vikings Boys and Girls Cross Country

**Paces to Fun,
Teamwork, and
Success during the
2017 Training Season.**

The 2017 Jr. Vikings Cross Country Teams trained together to compete in very warm conditions at Oshkosh Lourdes in September. Twenty three grade school runners from area LES programs combined for the 2017 Junior Vikings Cross Country Teams. The Junior Vikings CC Teams traveled with the Wisconsin Lutheran High School Cross Country Teams to a competition in Oshkosh. Success and fun followed - again - To God be the Glory!

According to Wisconsin Lutheran High School Head Boys Cross Country Coach Eric Lueck, "The Junior Viking XC program gives the young runners an opportunity to do some running with the Wisco XC team during the summertime and learn the value of pre-season training. The official season brings 1 opportunity for the Junior Viking team to race together at a large middle school meet that is connected to a quality high school meet. They get a great experience to race together in a Wisco uniform and support the high school team in their meet as well. Junior Viking XC is open to anyone who wants to work hard with a great group of lifelong friends."



Junior Vikings Team Members, Coaches, Families, and Wisconsin Lutheran High School Fans were honored via a message of Faith and Perseverance by Wisco Alum and current NFL Player Kevin Zeitler:



Wisconsin Lutheran High School - With Fox Six Sports and WISN 12 Sports on hand, current NFL player for the Cleveland Browns and alum from Wisconsin Lutheran High School, Kevin Zeitler provided an evening of encouragement and work ethic to Junior Vikings Families. One of the highlights of the 17-18 Junior Vikings Year was welcoming Kevin Zeitler to speak at Wisco on February 25th. Thank you once again Zeitler Family! A very detailed and informative writing of the evening can be found at:
<http://fox6now.com/2018/03/13/working-hard-and-following-your-dreams-badgers-player-turned-pro-inspires-students-to-get-motivated/>



Junior Vikings Cheerleading- Thank You Coach Beth Senfleben!

The Jr. Vikings Cheerleading Program bids farewell offering a huge thank you to Coach Beth Senfleben who has been a driving force for the success of the Junior Vikings

Cheerleading Program over the past decade.

Coach Senfleben shares, "I was honored when I was asked to come back to the prestigious WLHS cheer program to become a coach back in 2002. I have had the privilege of working with wonderful coaches, and coaching so many young athletes in all levels of our program. I have been blessed with many team and program successes we have achieved over the years from State Championships to National Finalists. My goal as a coach was to not only teach the girls the athletic skills needed to progress and succeed in cheerleading, but to also be a support and positive Christian influence in their lives as they became young adults. I pray the girls have wonderful memories to enjoy, and look back at their high school years as a member of the WLHS Cheer Program with fondness, just as I do."



**Junior Vikings
Wrestling Shares
Appreciation to
WLHS Head
Wrestling Coach
Darryl Roecker!**

**WISCONSIN LUTHERAN
VIKINGS**
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Wisconsin Lutheran High School - Head Wrestling Coach Darryl Roecker's vision of success is built from the bottom up. The grass roots approach of foundational wrestling skills starts with the many LES wrestlers involved in the Junior Viking Wrestling Program. This success is built upon dedication, hard work, and knowing that all gifts come from the Lord. Coach Roecker has been the architect of the Junior Viking Wrestling Program for over a decade and high levels of gratitude are directed his way. Coach Roecker is turning the page as he accepts the call to be Vice-Principal and Head Wrestling Coach at Winnebago Lutheran Academy in Fond du Lac. However - Coach Roecker's work with the Junior Vikings Program has laid a solid foundation that will be carried on by current Jr. Viking Staff. God's Blessings to the Roecker Family!

For ALL Junior Vikings Program Information - Please Visit the Junior Viking's Webpage:
<https://www.wlhs.org/page/athletics/jr-vikings-athletic-program>



2017-2018 Junior Vikings Boys Basketball Orchestrates a Great Season under the Direction of Program Head Coach Ryan Walz:
Wisconsin Lutheran High School - Successful programs follow a detailed and thorough game plan. These programs have a foundation of goals, direction, purpose, and process. Coach Walz has made it a practice to gather a staff of individuals who are bonded by a goal of program success laid upon Christian guidelines and action. The boys Junior Viking basketball teams ranging from grades 4-8 work together for a common purpose and for unified goals while representing the Wisconsin Lutheran "WL". To God be the Glory! Congratulations on a great season!



2017-2018 Junior Vikings Girls Basketball Continues to Work Hard while Living Faith -
Wisconsin Lutheran High School - Junior Viking Girls Program Coordinator Jessica Rice and WLHS Head Coach Joshua Metzger worked well over the past many seasons to organize and build a successful roster of young ladies. The four Jr. Vikings Girls Basketball teams were coached by a staff of eight coaches who brought success in many area tournaments in the Milwaukee Area and surrounding communities. We thank Coaches Metzger and Rice for all the years of service and energy.

- For Junior Viking Programs information please visit the Wisconsin Lutheran High School Jr. Viking Website page @ <https://www.wlhs.org/page/athletics>

- Or Contact Junior Viking Program Coordinator Blair Schaper at blair.schaper@wlhs.org or call 414-453-4567 ext 1326