



Junior Vikings Cheerleading

The WLHS Cheerleading coaches are excited to once again offer our Junior Vikings Cheerleading Program! This program is open to girls entering Kindergarten through 8th grade in the 2012-2013 school year who are interested in one day becoming a WLHS cheerleader.

Junior Vikings Cheerleaders have a chance to become familiar with the WLHS cheerleading program, team members and coaches as well as develop relationships with other girls interested in cheerleading at Wisconsin Lutheran High School. The Junior Vikings Cheerleading Team is a performance team; there are no tryouts. This team is not to take the place of grade school cheerleading teams.

PRACTICES: The season runs from August 5th through October 14th. The practices will focus on the WLHS Cheer Program skills/fundamentals with high level coaching. Skills will be developed in the areas of motions, jumps, dance, stunts and tumbling. We have two practices per week: Monday nights 5:00-6:30 and alternating Saturdays and Sundays 4:00-6:00. Practices will be held at Wisconsin Lutheran High School. Cheerleaders should wear comfortable athletic attire and tennis/cheer shoes.

Mondays 5:00-6:30: 8/6, 8/13, 8/20, 8/27, 9/10, 9/17, 9/24, 10/1, 10/8

Saturdays/Sundays 4:00-6:00: 8/5, 8/11, 8/19, 8/25, 9/8, 9/16, 9/22, 9/30, 10/6, 10/14

PERFORMANCES: The girls will have the opportunity to perform with the WLHS Varsity Cheer Team during a WLHS Varsity Football game, and at Junior Viking Football games. The performance schedule will be based off the Jr. Viking Football and WLHS Varsity Football schedules. In order to be involved in performances, attendance is required at the prior 2 practices.

SEPTEMBER & OCTOBER: THE TEAMS WILL CHEER AT THE JR. VIKING FOOTBALL GAMES!

COST: \$150 per member (\$100 if you have a uniform from last year)

All members will receive a camp skirt/skort, baby doll tee and jacket to be worn to all performances. Each girl is required to supply her own black leggings and tennis/cheer shoes for performances. All members will receive free admission to our September and November Grade School Cheer Clinics (\$30.00 value).

Registration Form

Participant's Name _____

Parent Name _____

School _____

Grade(12-13 School Year) _____ Age _____

Address _____

City _____ Zip _____

Home Phone _____ Cell _____

Email _____

The cost is \$150 per member. Full payment should accompany this form. The registration deadline is July 20th, 2012

Please make checks payable to WLHS and mail with payment to:

Attn: Beth Senfleben- Jr. Vikings Cheer
c/o Wisconsin Lutheran High School
330 N. Glenview Ave., Milwaukee, WI 53213

If you have any questions, please contact Beth Senfleben or Erin Krug.

Email Beth: jaynbeth.senfleben@gmail.com Email Erin: be_krug@att.net

**PARENTAL/GUARDIAN
CONSENT AND WAIVER OF RESPONSIBILITY**

**Wisconsin Lutheran High School
JUNIOR VIKINGS CHEERLEADING**

I agree that on behalf of the enrolled student named on this application form, Wisconsin Lutheran High School and/or the Junior Vikings Cheerleading Program and/or its staff, coaches, or employees will not be held responsible for any injury, accident or loss of property, however caused. It is further agreed that all risks involved in participation in said program are assumed by the student and her parent or guardian, who are also responsible for the medical fitness of the enrollee and for all medical costs incurred in case of injury while in attendance at any Junior Vikings Cheerleading practices or performances.

I have read the above and consent to the terms as stated.

Parent's/Guardian's Signature

Date

EMERGENCY CONTACT:

Name of Person

Phone Number

Date



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2012-2013

